



## GENERATIONAL ABUSE IN NUECES COUNTY

According to the Nueces County Victim's Advocate, cases of abuse affecting families in this community are now spanning 5 generations.

Generational cycles of abuse are passed down from parents to their children and unfortunately repeated cycles of abuse often become normalized for these families. Studies have shown that more than 30% of abused and neglected children will later **abuse their own children**. With each generation, the abuse becomes more ingrained, more destructive...and more likely to be repeated.

**With your help**, Family Outreach can provide these struggling families with tools such as free counseling, education, support groups, and other resources to equip them with the skills they need to increase their awareness of abusive patterns in the family and make changes.

**Do your part to help us stop the cycle of abuse from entering into the next generation.**

## RUN TO MAKE A DIFFERENCE

### What is it?

A certified multi-level run with opportunity to compete in three categories: 10k, 5k & 1 mile (children only) runs.

Awards to the top three male and female runners in each category. Age categories: 5-7, 8-11, 12-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & Over

Contact Family Outreach at 888-6041 or register online at: [www.familyoutreach-cc.org](http://www.familyoutreach-cc.org).

Pre-registration must be completed by 5p.m. on Wednesday, October 19th.

### T-Shirt & Packet Pickup

**Early:**  
Friday, Oct. 21st  
Noon to 8:00 pm  
FAMILY OUTREACH  
1444 Baldwin Blvd.  
Corpus Christi, TX 78404

**Race Day:**  
Saturday, Oct. 22nd  
6:30 am to 7:00 am  
TAMU-CC  
6300 Ocean Drive  
Corpus Christi, TX 78412



### WAIVER

I am an amateur or professional athlete in good standing, of sufficient ability to safely participate in this event and I certify that the information on this application, as entered by me, is true and correct. I acknowledge that these sports are inherently dangerous in which I participate solely at my own risk, and I, for myself and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release, indemnify and forever hold harmless, Family Outreach Corpus Christi, Inc., Texas A&M University—Corpus Christi, the Kinesiology Dept. and all associated sponsors, city and county agencies, their officers, officials, agents and/or employees, and if applicable owners and lessors of premises used for the activity, with respect to any and all injury, death, or loss or damage to person or property, whether arising from the negligence of the releases or otherwise, to the full extent permitted by law. I am 18 years of age or older or are the legal Parent or Guardian of the Minor participating and I have read this release of liability and assumption of risk agreement, fully understand that I have given up substantial rights by agreeing and accept it freely and voluntarily without any inducement.

#### Entrant's Signature:

Date \_\_\_\_\_

Parent/Guardian Signature:  
(if under 18 ) \_\_\_\_\_

Date \_\_\_\_\_

cut along dotted line

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_

Circle One  
Run Selection: 10K 5K 1 mile  
T-shirt Size: S M L XL  
Amt Enclosed: \_\_\_\_\_ CK# \_\_\_\_\_

PHOTOGRAPHY RELEASE



Subject's name: \_\_\_\_\_

I, \_\_\_\_\_ (participant) hereby give Lauren Shows-Power Photography, Family Outreach, and Texas A&M University-Corpus Christi the right and permission to take photos of the 2011 Legacy Run on October 22, 2011. I warrant that I am over eighteen (18) years of age, and am competent to contract for me and my child(ren).

Participant's Name (Print): \_\_\_\_\_

Participant's Signature: \_\_\_\_\_

Minors Name (Print): \_\_\_\_\_

Guardian Name (Print): \_\_\_\_\_

Guardian Signature: \_\_\_\_\_

Date : \_\_\_\_\_



A "fitness for families" event  
presented by...



2nd Annual



L.E.G.A.C.Y. Run

10K/5K L.E.G.A.C.Y Run

Let's Eliminate the Generational Abuse of our  
Children and Youth

When: Saturday, October 22, 2011

Time: 7:30 a.m.-11:30 a.m.

Where:

Texas A & M—Corpus Christi campus  
6300 Ocean Drive  
Corpus Christi, TX 78412

How do I register?

Contact Family Outreach at 888-6041  
or register online at:  
[www.familyoutreach-cc.org](http://www.familyoutreach-cc.org).

Pre-registration must be completed by  
5p.m. on Wednesday, October 19.

- 10K run pre-registration fee \$30.00/\$35.00 on-site registration fee
- 5K run pre-registration fee \$20.00/\$25.00 on-site registration fee
- 1mile run (12 years and under) pre-registration fee \$10.00/\$15.00 on-site registration fee

Fee Non-refundable